

Time of procedure

- Someone from CHI St Alexius or Brightside Surgical will contact the day prior to surgery to let you know when to arrive. If your procedure is on Monday, they will contact you on Friday. If you do not hear from them by 4pm the day prior to please contact them.
 - CHI St Alexius call 701-530-5267 or toll free 1-800-222-4036 ext 5267
 - Brightside Surgical call 701-877-1550

IMPORTANT NOTE

- NOTHING to eat or drink after midnight the night prior to procedure
- You may take Tylenol/acetaminophen as needed
- You must be off coumadin or Plavix for 5 days prior to procedure
- You must be off phentermine for 7 days prior to procedure
- Check with your primary care provider or cardiologist to make sure you are ok to hold these medications and when to resume these medications
- **You must have a driver** for this procedure. If you choose to drive within 24 hours after your procedure, you will be considered under the influence and law enforcement will be notified.

THE DAY OF THE PROCEDURE

- Wear something comfortable the day of the exam as you will probably be drowsy when you leave
- No mints or gum
- Take heart or blood pressure medication as usual with a sip of water
- Do not take diabetic medication, but do bring it with you
- You will be at your procedure for about 2 hours
- You must have a driver